

# Lauridsen Ballet Centre

The Official School of

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**Effective Monday, February 1<sup>st</sup>, 2010**

[www.southbayballet.org](http://www.southbayballet.org)

**STUDIO CLOSED: Memorial Day-Monday May 31<sup>st</sup>! At Show Times, Classes may be Modified – check at the Studio**

<b>Monday</b>	10:00-11:00	Adult Pilates	Main Studio	
	11:00-12:30	Adult Ballet Two	Main Studio	
	4:00-5:30	Ballet 2, 3	Main Studio	
	4:00-5:15	Pilates/Conditioning Senior Company	Studio 2	
	5:30-7:00	Ballet 4, 5 (new sixes)	Main Studio	
	(Company Students Only)-- 5:30-7:00	Ballet 6, 7, 8	Studio 2	
	7:00-7:45	Pas de Deux	Main Studio	
	7:45-8:30	<i>Reserved for occasional rehearsal</i>	Main Studio	
	7:30-9:00	Adult Open Intermediate	Studio 2	
<b>Tuesday</b>	3:15-4:00	Pre-Ballet	Studio 2	
	4:00-5:15	Ballet 1	Studio 2	
	4:00-5:30	Ballet 3, 4	Main Studio	
	5:45-6:45	Pilates/Conditioning Level 4	Studio 2	
	(Company Students Only)- 5:30-7:00	Ballet 5 and Senior Company	Main Studio	
	(Company Students Only)- 7:00-7:30	Pointe (level 5 through Senior)	Main Studio	
	7:30-9:00	Adult Ballet Two	Studio 2	
<b>Wednesday</b>	3:00-4:00	Men's Conditioning	Studio 3	
	4:00-5:30	Ballet 2, 3	Main Studio	
	4:00-5:15	Gyrokenises - Senior Company	Studio 3	
	4:15-5:15	Pilates/Conditioning Ballet 5	Studio 2	
	5:30-7:00	Ballet 5	Studio 2	
	(Company Students Only)- 5:30-7:00	Pointe - Senior Girls	Main Studio	
	(Company Students Only)- 7:00-7:45	Variations (new 6s en flat)	Main Studio	
	7:30- 9:00	Adult Ballet One	Studio 3/Main	
<b>Thursday</b>	4:00-5:15	Ballet 1	Main Studio	
	4:00-5:30	Ballet 4	Studio 2	
	5:30-7:00	Ballet 3	Studio 2	
	(Company Students Only)-- 5:30-7:00	Ballet 5 through Senior Company	Main Studio	
	(Company Students Only)-- 7:00-7:30	Men's Class (level 5 through 8)	Main Studio	
		7:30- 9:00	Adult Ballet Three	Studio 2
<b>Friday</b>	9:30-11:00	Adult Ballet One	Main Studio	
	11:00-12:30	Adult Ballet Three (18 or older)	Main Studio	
	4:00-5:30	Ballet 4, 5 pointe	Main Studio	
	(Open Class)- 4:00-5:30	Ballet Senior Company	Studio 2	
	5:30-7:00	<i>Reserved for occasional Junior rehearsal</i>		
	5:30-6:15	Pas De Duex	Main Studio	
	6:15-7:30	Modern - Senior Company	Main Studio	
		7:30-9:00	<i>Reserved for rehearsal Every Friday, Seniors</i>	Main Studio
<b>Saturday</b>	8:30-9:15	Creative Movement (3 yr olds)	Studio 2	
	8:30-9:15	Pre-Ballet (ages 4 ½ & 5)	Main Studio	
	9:30-10:45	Ballet 1, 2	Main Studio	
	9:30-11:00	Boys Ballet level 1 thru 4	Studio 3	
	9:30-11:00	Ballet 3	Studio 2	
	11:00-12:30	Ballet 4	Studio 2	
	11:00 12:30	Ballet 5	Studio 3	
	(Open Class) - 11:00-12:30	Advanced Ballet – 6, 7, 8	Main Studio	
		12:30-1:15	Pre Ballet	Studio 2

**New Students : call for class availability and for an appointment to be placed in proper class level**

**Advanced Adults 21 or over may take the "Company Students Only" Class**